

Pack Lunch



One

- Carrot, Ginger, Juice.
- Chilled Season Fruit, Cut and Sliced.
- Buckwheat, Roast Tomato, Fermented Cucumber and Feta, Freshly Chopped Herbs, Zingy Algarve Orange Dressing
- Sardines Escabeche, Crispy Lettuce and Bacon Salad

Two

- Celery, Mango, Spinach, Lime Smoothie
- Chopped Rocket and Sliced Radish, Lemon Wedge
- Chickpeas, Shredded Salt Cod, Cider Vinegar Apples, Fresh Coriander, Lemon Garlic Dressing
- Summer Trifle

Three

- Apple and Pear Juice
- Prawn, Mango, Spinach, Roasted Caju, Toasted Black Sesame, Sweet Chilli Sauce
- Beetroot, Sheep's Curd, Watercress Sandwich
- Sliced Pine Apple, Mint and Honey